



SUPER SNACK MENU



Jefferson City Public Schools
2019

MAY 3RD

**CELEBRATE SCHOOL LUNCH HERO DAY.
SCHOOL NUTRITION STAFF
ROCK & ROLL!**



SCHOOL NUTRITION ROCKS!

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Yogurt/Granola Crackers Vegetable Fruit Milk	2 Deli Turkey & Cheese Wheat Crackers Vegetable Fruit Milk	3 Bagel Peanut Butter - 2 tbsp Cheese Stick Vegetable Fruit Milk
6 Yogurt/Cheese Stick Pretzels Vegetable Fruit Milk	7 Deli Turkey & Cheese Wheat Bread Vegetable Fruit Milk	8 Peanut Butter - 2tbsp Crackers Cheese Stick Vegetable Fruit	9 Deli Turkey & Cheese Wheat Crackers Vegetable Fruit Milk	10 Bagel Peanut Butter - 2 tbsp Cheese Stick Vegetable Fruit Milk
13 PBJ Sandwich Cheese Stick Vegetable Fruit Milk	14 Cheese & Pretzel Vegetable Fruit Milk	15 Yogurt/Granola Crackers Vegetable Fruit Milk	16 Deli Turkey & Cheese Wheat Crackers Vegetable Fruit Milk	17 No School
20 Yogurt/Cheese Stick Pretzels Vegetable Fruit Milk	21 Deli Turkey & Cheese Wheat Bread Vegetable Fruit Milk	22 3 Hr Early Release No Snack	23 No School	24 No School
27	28	29	30	31
<p>Have a great Summer! JCPS Food Service Staff</p>				

Milk Served Daily

- Skim Milk
- 1% Milk
- Fat Free Strawberry Milk
- Fat Free Chocolate Milk